

2026 Newsletter
Lac La Biche Heritage Centre
WELCOMING 50+



September

✉ llbheritagecentre@gmail.com ☎ 780-623-8350

👍 Follow us on Facebook & Instagram @ llbheritagesociety

Find it all on our website www.llbheritagecentre.com

OFFICE UPDATE Closed Sept 7 Holiday

OPEN Mon to Thurs 11:00am – 2:00pm

Welcome Angie Schaub

Stop by the front desk to say hello! Starts Sept 8!!

Eat to Live Lunch Returns to Weekly!

Starting Wednesday, September 16th

Members and Non-Members Welcome
Doors open 11:30am Lunch at 12pm

Sept 16 Homestyle Chicken with Roasted Baby Potatoes, BLT Salad & Rye Bread. Dessert Ice Cream Sandwich. Catered by Fat Unicorn

Sept 23 Chicken Rice Soup with Egg Salad or Roast Beef Sandwich. Dessert Zucchini Cake
Catered by AG Foods

Sept 30 Chinese Meal with Chow Mein, Beef & Mixed Vegetables, Sweet & Sour Chicken & Rice
Dessert Jello Catered by Chef Tao's

Heritage Music Showcase



Our Music Showcase September 26 will feature back-to-back 20-minute performances from 11:00am to 3:30pm.

Enjoy our full concession, including a delicious beef on a bun lunch and warm crisp topped with ice cream for dessert.

Stay tuned—the full artist schedule will be announced very soon. Mark your calendar and come enjoy the music and great food!

Fall Wellness Market & Workshops

Mark your calendars for Saturday, October 3!
Explore local vendors and three unique workshops.
Our workshops can be registered for starting Sept 8:

- Diamond Art Bookmarks: Unleash your creativity and spark smiles with this colorful, sparkling craft.
- Cupcake Bouquets: Pipe stunning floral treats for a burst of delicious happiness!
- From "Someday" to "Done": An inspirational session to turn your goals into action.

Stay tuned for our full vendor lineup announcements.
Don't miss out—register starting September 8!

Happening at the Centre!

- Men's Coffee & Pool Mon & Thurs 8-10am
- Ladies Coffee Mon 2-3pm
- Movement Monday Mon 1-2pm
- Bingo Every 1st & 3rd Tuesday
 - Sept 1 & 15 Oct 6 & 20 Nov 7 & 17
- Diamond Art Every 2nd & 4th Tuesday
 - Sept 8 & 22 Oct 13 & 27 Nov 10 & 24
- Crafters & Quilters Thurs 10am-4pm
- Floor Curling Friday 1-3pm

Card Making is BACK!

One Sunday a month. Sunday Sept 13th
\$20/session. Make 5 cards. Starts 1pm
Call Annemarie at 780-623-3640 to register.

Doubles Crib Tournament



October 17 \$60 per team. Registration Open
Lunch & Refreshments Included.
Cash Prizes! 50/50 Raffle Door Prizes!
Max 40 teams Registration Closes Oct 14

October 5 Workshop

Safe at Home: Fall Prevention &
Choking Emergency Basics 6:30-8:00pm
Must Pre-Register Free for Everyone
Presented by AHS & Multi Test

Get on the Bus

September 24 Tribute to CCR

Nancy Applebee Theater (deadline Sept 16)

October 15 Cold Lake Casino & Shopping

Member Meeting September 16 at 1pm

See what we have planned. We welcome you to share your thoughts and ideas.

September! Happy Birthday Members



Davina Vetzal
Donna Fabbro
Emily St Jean
Fay Gaberel
Holly Strand
Laurie Shewchuk
Linda Saunders
Lori Friesen

Marguerite Ulliac
Marian Kuncio
Paulette Seliski
Pollyanna Zinck
Terri Rudiger
Velina Turgeon
Wally Kuncio
Winnie Gaudet